

SESSION 5: ADMONISH AND ENCOURAGE ONE ANOTHER



IN THIS SESSION

This Session will help establish a perspective of how God uses both admonishing and encouraging in a complementary way to build Christ-centered relationships.



KEY PASSAGES

- **Colossians 3:15-17** ¹⁵ Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. ¹⁶ Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns and songs from the Spirit, singing to God with gratitude in your hearts. ¹⁷ And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.
- **1 Thessalonians 5:14-15** ¹⁴ And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone. ¹⁵ Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else.
- **Hebrews 10:23-25** ²³ Let us hold unswervingly to the hope we profess, for he who promised is faithful. ²⁴ And let us consider how we may spur one another on toward love and good deeds, ²⁵ not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.
- **1 Thessalonians 5:9-11** ⁹ For God did not appoint us to suffer wrath but to receive salvation through our Lord Jesus Christ. ¹⁰ He died for us so that, whether we are awake or asleep, we may live together with him. ¹¹ Therefore encourage one another and build each other up, just as in fact you are doing.



DISCUSS

- It might be easy to see ‘admonishment’ exclusively as a negative—a kind of lecture one receives when they have done something wrong. When you think of being admonished, does something like this come to mind? Discuss with your discipler or group how your own presupposition of this word might inhibit or support a Biblical study.
- How is admonishment an essential contribution to maturing spiritually? Given your answer, what still makes it challenging to receive “rebuke, warning or correction?”
- Brainstorm and list some potential results or outcomes of a healthy diet of admonishing and encouraging in the Body of Christ. What might it look like if these two were out of balance?
- Do you naturally have a tendency toward admonishing or encouragement in your relationships? What are some steps you can take with your discipler or with members of your group to help you grow in the one that’s less natural for you?



PRAY

- The point of both admonishing and encouraging is to help produce maturity in Christ-followers. With this in mind, pray that the Spirit would use all your admonishing and encouraging to build up the church and not as a vehicle to scold, reprimand or tear down. Ask that the Lord would strengthen your own heart to receive both and allow growth to be produced in you as well.