



SESSION 5: LEVERAGING TIME: TRADITIONS



IN THIS SESSION

Moving from an “overtime” mentality in parenting to an “over-time” approach is a subtle shift that has great potential for return on investment in discipling the family. This Session will look to define these two approaches and articulate the benefits of this thoroughly biblical paradigm shift.



KEY PASSAGES

- **2 Peter 1:12-13** ¹² Therefore I intend always to remind you of these qualities, though you know them and are established in the truth that you have. ¹³ I think it right, as long as I am in this body, to stir you up by way of reminder, ¹⁴ since I know that the putting off of my body will be soon, as our Lord Jesus Christ made clear to me. ¹⁵ And I will make every effort so that after my departure you may be able at any time to recall these things.
- **2 Timothy 2:8, 11-15** ⁸ Remember Jesus Christ, risen from the dead, the offspring of David, as preached in my gospel.... ¹¹ The saying is trustworthy, for: If we have died with him, we will also live with him; ¹² if we endure, we will also reign with him; if we deny him, he also will deny us; ¹³ if we are faithless, he remains faithful—for he cannot deny himself. ¹⁴ Remind them of these things, and charge them before God not to quarrel about words, which does no good, but only ruins hearts. ¹⁵ Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth.



DISCUSS

- In what ways is the idea of carving out family “traditions” important and valuable for healthy family disciple-making? In other words, what value might an intentional approach to the mundane routines of life produce in your family as you consider the growth of your child(ren)?
- As you think about your own context, what are some existing points in your family rhythms that could be leveraged for more intentional investment in disciple-making? Consider writing down 1-2 ideas and some thoughts on how you might implement them.
- What are some new and creative opportunities/“traditions” you could incorporate into your family life? Brainstorm what this might look like, thinking through measures you might take to ensure they are incorporated into your weekly family rhythms.



PRAY

- Take some time to ask God to help you see the great value of “traditions” as you continue to think about your responsibility before Him of stewarding your family. Pray that He would give you the strength and energy to put your thoughts into

action, and that those actions would bear the fruit of your entire family becoming more like Jesus.