

DISCIPLE-MAKING

SESSION 6: NEXT STEPS



IN THIS SESSION

As we begin to pursue discipling, we must first pray and then consider who, how and what.

- **Who?** F.A.T.E.R. people. (Faithful, Available, Teachable, Enthusiastic and Responsive)
 - Faithful:** follows through and is usually reliable.
 - Available:** prioritizes spiritual growth and makes time for discipling.
 - Teachable:** desires to learn and grow, even if that means hearing hard things.
 - Enthusiastic:** is eager to grow spiritually.
 - Responsive:** acts on challenges and proves to be not simply a “hearer” but also a “doer” (See James 1:22-25)

How? Build friendships and “throw out the stick.”

What? Bible studies, E4 studies, and other resources that may have been instrumental in your spiritual growth.



KEY PASSAGES:

- **Proverbs 11:25b** Whoever refreshes others will be refreshed.
- **James 1:22-25** ²² Do not merely listen to the word, and so deceive yourselves. Do what it says. ²³ Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror ²⁴ and, after looking at himself, goes away and immediately forgets what he looks like. ²⁵ But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.
- **2 Timothy 2:2** “And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others”
- **1 Thessalonians 2: 7-12** Just as a nursing mother cares for her children, ⁸ so we cared for you. Because we loved you so much, we were delighted to share with you not only the gospel of God but our lives as well. ⁹ Surely you remember, brothers and sisters, our toil and hardship; we worked night and day in order not to be a burden to anyone while we preached the gospel of God to you. ¹⁰ You are witnesses, and so is God, of how holy, righteous and blameless we were among you who believed. ¹¹ For you know that we dealt with each of you as a father deals with his own children, ¹² encouraging, comforting and urging you to live lives worthy of God, who calls you into his kingdom and glory.



DISCUSS

- What are some fears or concerns that you have as it relates to making disciples?
- In this session, we said that weaknesses can be used by God to help others. Can you think of a time when either sharing your own weakness or hearing another person share their weakness helpful for spiritual growth?
- Why do you think that Paul said to “invest in faithful men” in 2 Tim. 2:2? Why is it important to look for people who are F.A.T.E.R. when considering disciple-making?
- Read 1 Thessalonians 2:7-12 together. What are some of the key ideas that stick out to you? What types of attitudes and behaviors are exhibited in this passage.
- Proverbs 11:25 states that “whoever refreshes others will be refreshed.” How do you think this is true in regards to discipling?
- What have been some of the most instrumental resources (books, sermons, etc.) that have helped you grow spiritually? Could this be a resource that you use to help disciple another?
- As you think about someone that you could disciple or someone who could potentially disciple you, what are next steps you could take this week to pursue disciple-making?



PRAY

Pray for opportunities and boldness as you pursue disciple-making.